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| **Title of activity** | **Preparing medicine without pharmacy*/Spring trip – planting and research/***  Age: 5 – 7 years old |
| Environment, materials | On a walk in search of herbs /in the summer time/; create a laboratory for storing medicinal plants in the kindergarten . Materials: bags of cloth for storing herbs **1.**Herb – tutsan/**St. John's wort**/, olive oil, jars, gauze to prepare medicine for wounds. **2**. Different types of herbs for tea. |
| Teacher's support for the child | Teacher organizes a trip to the nearby forest or park where herbs grow. Teacher gives cloth bags to collect herbs. While children collect herbs, teacher says the name of the plants and encourage the children to collect herbs, tell different stories about traditional medicine in the past. 1**.** Teacher prepares needed materials to make medicine healing wounds. **Safety rules: This is not a drink**! **The prepared mixture will become ointment for wounds. When mixture be ready for using ,teacher put it in the fridge.** 2**.** Teacher prepares materials for tea. **Safety rules: Teacher warns children to be careful with the warm water for tea.** |
| Expected result | Kids know some types of herbs and can prepare tea themselves.  Children learn that prepared tea from different herbs has a different taste. The children can prepare their own wound medication. By observing and analyzing for some time children establish that the prepared mixture changes the color and smell. Children learn that the best way to save the herbs – cloth bags.  They learn about herbs and their healing properties.  The children think about the importance of herbs to people's health. |
| Children's activities (planning, tasks, evaluation) | Firstly children collect hubs and sorting them to dry. 1.Children get acquainted with the materials needed to prepare a home-made wound healing medicine.  The kids fill a few clean jars with herb flowers tutsan/ St. John’s wort/ , pour olive oil, cover jars with gauze and leave them in a sunny place for a month.  The children observe the change in the color, the smell of the herb and olive oil – it become dark red.  Children are happy to treat their wounds with a medicine have prepared by themselves. 2. Children put the herbs in the pot, pour water and the teacher warming up the mixture, when it is ready chilled, children pour in the cups. Children can add honey, can taste delicious tea. Children find different taste between tea without honey, sugar and adding them. |
| Attachment ( foto, video) |  |
| Looking for answers to the questions | What do the herbs look like? -flowers Where do the herbs grow? How do we save herbs?  If we have seeds of herb can we plant them? What do the herbs need to grow up? What do we use herb for? What is the color of herb when it is fresh and what is the dried herb’ color? What is the color of water when we add to the herb? And after some time? What is the color of prepared mixture/for wounds/ in the beginning? Does the taste of tea change after adding sugar or honey? |

Source of information: ”Сборник с текстове на песни,игри и игрови упражнения за втора група” Изд.Булвест 2000